

It was probably in 1207 that St. Francis felt the call to a life of preaching, penance, and total poverty. He was soon joined by his first followers, to whom he gave a short and simple rule of life. In 1209 he and 11 of his followers journeyed to Rome, where Francis received approval of his rule from Pope Innocent III. Under this rule, Franciscan friars could own no possessions of any kind, either individually or communally (i.e., as the property of the order as a whole). The friars wandered and preached among the people, helping the poor and the sick. They supported themselves by working and by begging for food, but they were forbidden to accept money either as payment for work or as alms. The Franciscans worked at first in Umbria and then in the rest of Italy and abroad. The impact of these street preachers and especially of their founder was immense, so that within 10 years they numbered 5,000.



Deus Meus Et Omnia  
My God and My all


# March 2024

Pre 1955 Traditional Roman Catholic Calendar

 Denotes full abstinence

 Denotes partial abstinence

The color of the vestments for the day is indicated by the color of the date (white vestments are black numbers)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 	2
3 3rd Sunday of Lent	4 St Casimir Confessor Comm of St. Lucius I Pope and Martyr	5	6 Saints Perpetua and Felicitas Martyrs	7 Saint Thomas Aquinas Confessor and Doctor of the Church	8  Saint John of God Confessor	9 Saint Frances of Rome Widow
10 4th Sunday of Lent Laetare Sunday The Forty Holy Martyrs	11	12 St. Gregory the great	13	14	15 	16
17 Passion Sunday Saint Patrick Bishop and Confessor	18 Saint Cyril of Jerusalem Bishop, Confessor and Doctor of the Church	19 SAINT JOSEPH, Confessor and Patron of the Universal Church	20	21 Saint Benedict Abbot	22  St. Isidore the Farmer	23
24 Palm Sunday Holy Gabriel the Archangel	25	26 Tuesday in Holy week	27 Wednesday in Holy Week Saint John Damascene Confessor and Doctor of the Church	28 Maundy Thursday Saint John Capistran Confessor	29  Good Friday (black vestments)	30 Holy Saturday
31 Easter Sunday						



Armand Jean le  
Bouthillier de Rancé, the  
founder of the Trappists

The Trappists, also known as the Order of Cistercians of the Strict Observance, are a Catholic religious order of cloistered monastics that branched off from the Cistercians. They are part of the larger Cistercian family that traces its origin to 1098. Trappists seek to let go of daily distractions to free the mind and heart for deep contemplation of God. Their activities and attire are simple and humble, and their grounds are profoundly silent except for purposeful speech, quiet chant, and the sounds of nature. They are lovers of place and find blessings in union with and stewardship of creation.<sup>1</sup> The Trappists follow the Rule of St. Benedict and consist of both monks and nuns, with the nuns known as Trappistines. Most Trappist monasteries produce artisanal goods, the most famous of which is Trappist beer.



# April 2024

Pre 1955 Traditional Roman Catholic Calendar

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Saint Francis of Paula Confessor	3	4 Saint Isidore Bishop, Confessor and Doctor of the Church	5  Saint Vincent Ferrer Confessor	6
7 <i>Low Sunday</i>	8 Annunciation of the Blessed Virgin Mary (trans.)	9	10	11 Saint Leo I Pope, Confessor and Doctor of the Church	12 	13
14 <i>2nd Sunday after Easter</i>	15	16	17	18	19 	20
21 <i>3rd Sunday after Easter</i> Commemoration of St. Anselm Bishop, Confessor and Doctor of the Church	22 Saints Soter and Caius Popes and Martyrs	23 St. George Martyr	24 Saint Fidelis of Sigmaringen Martyr	25 Greater Litanies and Saint Mark Evangelist	26  Saints Cletus and Marcellinus Popes and Martyrs	27 Saint Peter Canisius Confessor and Doctor of the Church
28 <i>4th Sunday after Easter</i> Saint Paul of the Cross Confessor	29 Saint Peter of Verona Martyr	30 Saint Catherine of Siena Virgin				